

DEVOTIONAL

for parents



For a lot of us, music is a central part of our lives. In the car, at school, or walking through a store, music gives us a steady rhythm that plays in the background. But the predictable beats and patterns of our favorite songs can do more than just entertain or inspire us — they can teach us something about growing closer to Jesus, too. While growing in our faith can sometimes feel difficult to measure, the right rhythms can help us keep moving in the right direction. In this four-week series, we'll explore passages of Scripture from the Gospels, epistles, and Psalms that help us develop spiritual rhythms that help us grow. Together, we'll be challenged to create more predictable patterns in four key ways: by creating rhythms for **spending time with God**, **using our gifts**, **sharing our stories**, and **spending time with others**.



Want to learn and grow alongside your kid as we go through this teaching series? You can! Spend a few minutes each week **studying** the passages of Scripture we'll be teaching, **praying** about what God wants to do in you and in your family, and **growing** by putting God's words into practice in your own life.

WEEK 1

Create rhythms to spend time with God.

1 Corinthians 8:1–3; Luke 7:36–50; 1 Chronicles 16:10–11



STUDY

Take a moment to read the passages we're covering this week.
What stands out to you in this passage and why?



PRAY

Ask God to help you make prayer more of a predictable rhythm this week.



GROW

So what's your next step? Do you need to try to connect with God in a new way? How can you adjust your day to make more space for prayer? Do you know someone who can help you? Whatever your next step is right now, take it.

WEEK 2

Create rhythms to use your gifts.

1 Corinthians 9:16; Romans 12:6–8; Mark 1:29–39; 1 Peter 4:10; 1 Corinthians 12:4–7



STUDY

Take a moment to read the passages we're covering this week.
What stands out to you in this passage and why?



PRAY

Ask God to give you clarity about how you've been gifted and what you can do with those gifts.



GROW

So what's your next step? Do you need to reflect or get input on what your gifts are? Do you need to start using one of those gifts to love God or others? Do you need to ask for help? Whatever your next step is right now, take it.

WEEK 3

Create rhythms to share your story.

2 Corinthians 4:3–6; Acts 8:26–40; Acts 1:8



STUDY

Take a moment to read the passages we're covering this week.

What stands out to you in this passage and why?



PRAY

Ask God to help you identify opportunities to have conversations about Jesus this week.



GROW

So what's your next step? Do you know someone you could share your story with? Do you need to spend more time listening to other people's stories or perspectives? Do you need to pay more attention to how God has been leading you? Whatever your next step is right now, take it.

WEEK 4

Create rhythms to spend time with others.

Psalms 25:4–5; 8–10; Acts 2:42–47; 1 Corinthians 13:1–7



STUDY

Take a moment to read the passages we're covering this week.

What stands out to you in this passage and why?



PRAY

Thank God for a few specific people who have helped you grow in your faith.



GROW

So what's your next step? Do you need to reach out to someone who helps your faith grow? Could you and your community do something to learn, worship, or serve others together? Whatever your next step is right now, take it.